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# 2003 UCLA Women's Track & Field Bruins Compete at 2003 NCAA Outdoor Championships June 11-14 at Sacramento; Bruins are NCAA West Region/Pac-10 Team Champions

This Weekend (Wednesday-Saturday/June 11-14) — Jeanette Bolden's UCLA women's track & field team, No. 3 in the U. S. (<u>Irackwire</u>), will compete in the 2003 NCAA Outdoor T & F Championships, held at Hornet Stadium and located in the A. G. Spanos Sports Complex on the Cal State Sacramento campus. Scoring is eight-places (10-8-6-5-4-3-2-1). Competition runs all day for four days, with Saturday's team champion crowned after the running of the 4 X 400m relays (start at 9:20 p.m.).

#### UCLA Women Qualify 15 Athletes in 12 Events for Upcoming 2003 NCAA Outdoor T & F Championships

Jeanette Bolden's UCLA women's track & field team, has qualified 15 athletes in 12 events for the upcoming 2003 NCAA Outdoor T & F Championships, held June 11-14 in Sacramento.

On May 30-31 at Stanford, the Bruin women won the team title at the 2003 NCAA West Regional meet and on May 17-18 at USC, UCLA won the 2003 Pac-10 T & F Championships, for the seventh consecutive year.

For the last two years, the Bruins have placed second at the NCAA Outdoor, and under Bolden, who is in her 10<sup>th</sup> year as the UCLA women's head coach, the Bruins have a total of eight Top three finishes. In 2000 and 2001, UCLA won the NCAA Indoor Championships (in 2003, UCLA tied for eighth at the NCAA Indoor).

Here are UCLA's 15 qualifiers for the upcoming 2003 NCAA Outdoor T & F Championships.

(Event, Class/Name, Ranking on 2003 collegiate chart entering meet, best mark)

- -400m/4 X 400m Relay sophomore Monique Henderson (No. 9, 52.01/No. 5,3:31.62)
- -400m/4 X 400m Relay junior Adia McKinnon (No 26, 53.19/ No. 5, 3:31.62)
- -1500m junior Lena Nilsson , defending NCAA Outdoor Champion (No. 3 4:13.21; on May 24 at the Prefontaine Classic, Nilsson set the school record in the 1500m (4:07.69), but that mark does not count for NCAA qualification)
- -100m Hurdles/400m Hurdles/4 X 400m Relay junior Sheena Johnson (No. 9,13.10; No. 2, 55.88; No. 5, 3:31.62)
- -100m Hurdles freshman Dawn Harper (No. 13, 13.21)
- -100m Hurdles junior Sani Roseby (No. 17, 13.28)
- **-400m Hurdles/4 X 400m Relay senior Ysanne Williams** (No. 10, 57.67; No. 5, 3:31.62)

#### -High Jump/Triple Jump – freshman Sheena Gordon (No. 19, 5-10.50; No. 25, 42-0.50)

- -Pole Vault freshman Chelsea Johnson (No. 10, 13-6.25, at-large selection)
- -Long Jump/Triple Jump sophomore Candice Baucham (No. 27, 19-9.50; No. 18, 42-8.75)
- -Shot Put Jessica Cosby, defending NCAA Outdoor Champion (No. 6, 55-7.75)
- -Shot Put sophomore Briona Reynolds (No. 18, 52-4.50)
- -Discus senior Chaniqua Ross , defending NCAA Outdoor Champion (No. 4, 183-7)
- -Discus junior Lara Saye (No. 20, 175-0, at-large selection)
- -Hammer Throw junior Cari Soong (No. 3, 216-3 school record)

#### <u>Jeanette Bolden USTCA West Region Coach of the Year;</u> Chaniqua Ross Awarded Pac-10 Postgraduate Scholarship

UCLA women's track & field head coach Jeanette Bolden for the seventh consecutive season has been named the USTCA Mondo West Regional Women's Coach of the Year and Bruin senior Chaniqua Ross has been awarded a Pac-10 Postgraduate Scholarship.

#### **Bolden Earns Regional Coaching Honor**

For the seventh consecutive season, the U.S. Track Coaches Association has named Bolden as the Women's West Regional Coach of the Year. In her 10<sup>th</sup> season as the Bruin women's track & field head coach, Bolden has now won the Regional honor eight times in her career.

During the 2003 outdoor season, the Bruin women have won the team titles at the Pac-10 Championships (seven consecutive seasons/on nine occasions in Bolden's 10 years) and last weekend at the first-ever NCAA Regional meet at Stanford.

The Bruin women are rated No. 3 in the U. S. (Trackwire) for next week's 2003 NCAA Outdoor Championships hosted by CS Sacramento. Under Bolden, the Bruin women have eight Top Three finishes at the NCAA Outdoor, including second-place finishes the last two seasons.

Bolden will be recognized Monday night (June 9) at the Mondo Coaches Banquet in Sacramento. The USTCA Mondo National Coach of the Year will be named the week after the NCAA Outdoor.

Ross Gets Pac-10 Postgraduate Scholarship

Ross, from Elk Grove (Laguna Creek HS), has been awarded a 2003 Pac-10 Postgraduate Scholarship. Next fall Ross will be doing graduate studies at Cal-Berkeley. She is one of 38 conference athletes, including three other Bruins, to be given a grant in the amount of \$3,000.

To be eligible for a Pac-10 Postgraduate Scholarship (each recipient is selected by their respective institution) a student-athlete must — have an overall grade-point-average of 3.00 or its equivalent; be in his/her final season of intercollegiate athletics eligibility; have performed with distinction as a member of the varsity team; intend to continue academic work beyond the baccalaureate degree as a full-time graduate student and have behaved both on and off the field in a manner that has brought credit to the student-athlete, the institution and intercollegiate athletics. Participation in campus and community service activities and demonstration of leadership qualities also will be taken into consideration.

For Ross, who has a 3.45gpa in sociology and African-American studies, this is her third academic honor this season. She has already earned second-team Verizon Academic All-Dist. VIII and third-team Arthur Ashe, Jr. Sports Scholar.

Ross will defend her discus title at the upcoming NCAA Outdoor Championships in Sacramento. In 2003, she placed second in the discus at both the Regional and Pac-10 meets. Her season-best mark in the discus is 184-8.

Also getting the 2003 Pac-10 Postgraduate Scholarship from UCLA are – Bryson Bohlander (football), Lauren Fendrick (women's volleyball) and James Morrow (men's volleyball).

#### **National Rankings**

In collegiate track and field, there are two national rankings-**Trackwire** and the USTCA sponsored **Team Power Ranking**.

<u>Trackwire's</u> National Top 25 is a power ranking of NCAA Div. IT & F teams. This ranking's methodology takes into account a variety of statistical predictors and is intended to project the outcome of the 2003 NCAA Div. IT & F Championships (June 11-14, Sacramento, CA). The scores provided with the rankings indicate each team's projected score based on formcharts for each NCAA event. <u>Team Power Ranking</u> is a computer program rating teams by individual marks and dual meet strength (the UCLA women ranked No. 2 in the final standings).

#### Trackwire National Top 25 Rankings

rrackwire National Top 25 Rankings		
Week of	UCLA Women	
Preseason Indoor Before NCAA Indoor	3rdT 10th (Bruins tied for 8th at the 2003 NCAA Indoor)	
April 8	7th (first outdoor ranking)	
April 15	4thT	
April 22	4th	
April 29	4th	
May 6	4th	
May 13	4th	
May 20	3rdT	
May 27	no new rankings	
June 5	3rd	

#### Jeanette Bolden-UCLA Women's Head T & F Coach

In her 10th season at the Bruin women's helm and  $12^{\rm th}$  on the staff.

-Coached UCLA to back-to-back NCAA Indoor team championships (2001-00), a second-place finish in 2002 and tied for  $8^{\rm th}$  in 2003.

-Five second-place finishes at the NCAA Outdoor, including four of the last five years.

-Eight-time USTCA West Region Coach of the Year, including last seven consecutive seasons.

-Nine Pac-10 titles in 10 years, including last seven consecutive seasons.

-Eight-time Pac-10 Coach of the Year, including last six consecutive seasons.

-Unbeaten career dual record of 69-0, including 10-0 vs. LISC.

-Eight-time National Dual Team Champion, including seven of last eight seasons.

#### <u>Brief Bios-UCLA's 2003 NCAA Qualifiers</u> (Event, Class/Name, Ranking on 2003 collegiate chart entering meet, best mark)

#### -400m/4 X 400m Relay – sophomore Monique Henderson (So., 5-7, San Diego, Morse HS)

-NCAA - No. 9, 52.01/No. 5,3:31.62

**-West Regional** - 400m, 1st, 52.01 (season-best); 4 X 400m relay, 1st (anchor, 3:31.62, No. 6 in school history).

-Pac-10 - final day, did not compete, tightness in left hamstring.

-Career - Four-time All-American; 2002 World Junior 400m (51.10, No. 2 in school history)/4X400m relay champion (second leg, 3:29.95, American Junior record); 2002 NCAA Indoor DMR champion (second leg, 400m, school record 10:58.19); 2002 Pac-10 4 X 400m relay champion (anchor, 3:31.97); 2002 Pac-10 Newcomer of the Year; former National prep record-holder in the 400m (50.74).

### -400m/4 X 400m Relay – junior Adia McKinnon (Jr., 5-5, Flossmoor, IL, Homewood-Flossmoor HS)

**-NCAA** - No. 26, 53.19/ No. 5, 3:31.62

-West Regional -400m, 3rd, 53.19 (season-best); 4 X 400m relay, 1st (opening leg, 3:31.62, No. 6 in school history).

-Pac-10 - 400m, 5th, 54.17

-Career - Four-time All-American; three-time Pac-10 champion, including 2001 400m.

#### -1500m – junior Lena Nilsson (Jr., 5-6, Vallentuna, Sweden)

**-NCAA** - defending NCAA Outdoor 1500m Champion (No. 3, 4:13.21; on May 24 at the Prefontaine Classic, Nilsson set the school record in the 1500m (4:07.69), but that mark does not count for NCAA qualification).

**-West Regional** - 800m (2:04.13)/1500m (4:19.07) champion. **-Pac-10** - 800m (2:03.86, season-best)/1500m (4:13.21, season-best) champion, only woman in Pac-10 meet history to repeat as 800m/1500m champion.

**-Career** - 2003 NCAA Indoor 800m champion; 2002 cross country All-American; 2002 Swedish 800m/1500m champion;

2002 NCAA Indoor DMR champion (anchor, 10:58.19, school record); 2002 Pac-10 Woman's Athlete of the Year; school record-holder in 800m (2:02.26)/1500m (4:07.69).

### -100m Hurdles/400m Hurdles/4 X 400m Relay – junior Sheena Johnson (Jr., 5-5, Stafford, VA, Garfield HS)

- **-NCAA -** No. 9,13.10; No. 2, 55.88; No. 5, 3:31.62.
- **-West Regional** 100m hurdles, 2nd, 13.27; 400m hurdles, 1st, 55.88 (season-best); 4 X 400m relay, 1st (second leg, 3:31.62, No. 6 in school history).
- **-Pac-10** 100m hurdles, 1st, 13.10 (personal-best, No. 4 in school history); 400m hurdles, 1st, 56.45 (third athlete in Pac-10 women's history to win both hurdles at conference meet, joining Bruins, Joanna Hayes, '97 and Janeene Vickers, 89-90). **-Career** seven-time All-American; six-time Pac-10 champion, including three-time Pac-10 400m hurdles winner; 2001 Pac-10 Newcomer of the Year; three-time U. S. Junior 400m hurdle champion; 1999-00 T&FN Women's HS Indoor National Athlete of the Year.

### -100m Hurdles – freshman Dawn Harper (Fr., 5-6, E. St. Louis, IL Sr. HS)

- **-NCAA -** No. 13, 13.21w.
- **-West Regional** 100m hurdles, 4th, 13.33 (tied personal-legal best).
- -Pac-10 100m hurdles, 2nd, 13.33 (personal-best, No. 8 in school history).
- -Career three-time IL State prep 100m/300m hurdle champion.

### -100m Hurdles – junior Sani Roseby (5-2, Jr., Las Vegas, NV, Monterey, CA HS)

- **-NCAA -** No. 17, 13.28w.
- -West Regional 100m hurdles, 5th, 13.51; also eighth in 100m.
   -Pac-10 100m hurdles, 4th, 13.47 (season-best); also qualified in 100m.
- -Career 2000  $\underline{\text{T\&FN}}$  prep All-American in 100m/100m hurdles.

### -400m Hurdles/4 X 400m Relay – senior Ysanne Williams (Sr., 5-6, Albany, NY HS)

- **-NCAA -** No. 10, 57.67; No. 5, 3:31.62
- **-West Regional** 400m hurdles, 5th, 58.84; 4 X 400m relay, 1st (third leg, 3:31.62, No. 6 in school history).
- -Pac-10 400m hurdles, 2nd, 57.67 (season-best).
- -Career five-time All-American; 2001 Pac-10 champion (4 X 400m relay); 1999 Pan Am/U. S. Junior 800m champion.
- -High Jump/Triple Jump freshman Sheena Gordon (Fr., 5-11, Erie, PA, McDowell Sr. HS)
- NCAA No. 19, 5-10.50; No. 25, 42-0.50.
- **-West Regional** high jump, 2ndT, 5-10.50 (season-best); triple jump, 5th, 40-10.50.
- **-Pac-10** high jump, 3rd, 5-10; triple jump, 2nd, 42-0.50 (season-best).
- -Career 2002 prep All-American in high jump/triple jump by American T & F Magazine; 6-0 top prep indoor high jump in 2002; her 42-10.25 triple jump in 2002 led U. S. preps.

### -Pole Vault – freshman Chelsea Johnson (Fr., 5-9, Atascadero HS)

- **-NCAA -** No. 10, 13-6.25 (at-large selection)
- -West Regional pole vault, 6th, 13-6.25 (tied personal-best, No. 3 in school history).
- -Pac-10 pole vault, 2nd, 13-3.25.
- -Career her 13-6 was 2002 national prep leader; father, Jan Johnson, 1972 Olympic bronze medalist/1971 U. S. pole vault champ.

### -Long Jump/Triple Jump - sophomore Candice Baucham (So, 5-5, Inglewood, Long Beach Poly)

- **-NCAA -** No. 27, 19-9.50; No. 18, 42-8.75.
- -West Regional long jump, 5th, 19-7.50; triple jump, 1st, 42-
- -Pac-10 long jump, 6th, 19-4.25w; triple jump, 1st, 42-6.75.
   -Career 2002 Junior All-American in triple jump; 2002 NCAA Outdoor qualifer in triple jump/3rd at Pac-10; 2001 <u>American T & F Magazine</u> All-American as prepster.

### -Shot Put – Jessica Cosby (So., 5-9, Mission Hills, Cleveland HS)

- -NCAA defending NCAA Outdoor Champion (No. 6, 55-7.75).
- -West Regional shot put, 3rd, 54-2.50.
- **-Pac-10** shot put, 1st, 55-7.75 (season-best); hammer throw, 4th, 200-7 (ties personal-best).
- -Career 2002 NCAA Outdoor shot put champion; 2003 Pac-10 shot put champion; three-time NCAA Indoor All-American; at 2001 U. S. Junior meet, Cosby became first woman's athlete to win both shot put/hammer throw; 2000 T&FN prep All-American.

### -Shot Put – sophomore Briona Reynolds (So., 5-4, Grand Forks, ND, Red River HS)

- -NCAA No. 18, 52-4.50
- -West Regional shot put, 5th, 52-0; discus, 6th, 171-10.
- **-Pac-10** shot put, 4th, 51-3.75; discus, 6th, 172-10 (collegiate season-best).
- -Career 2002 NCAA Outdoor All-American in discus; 2002 U. S. Junior meet, second in shot put, 54-2 (personal-best, No. 9 in school history); 2001 <u>All-American T & F Magazine</u> prep All-American.

### -Discus – senior Chaniqua Ross (Sr., 5-8; Elk Grove, Laguna Creek HS)

- NCAA defending NCAA Outdoor Champion (No. 4, 183-7).
- -West Regional discus, 2nd, 176-10.
- -Pac-10 discus, 2nd, 180-3.
- -Career 2002 NCAA Outdoor discus champion; two-time Pac-10 discus champion; three-time All-American; 2003 Pac-10 Postgraduate Scholarship/second-team Verizon Academic All-Dist. VIII/third-team Arthur Ashe, Jr. Sports Scholar (3.45gpa, sociology-African-American studies, next fall enrolled in graduate school at California).

### -Discus – junior Lara Saye (Jr., 5-9, Henderson, NV, Silverado HS)

**-NCAA -** No. 20, 175-0 (at-large selection).

-West Regional - discus, 8th, 169-4.

-Pac-10 - discus, 5th, 175-0 (season-best).

-Career - 2002 NCAA Outdoor All-American in the discus; Her 166-9 was No. 2 on the 2000 U. S. high school list.

### -Hammer Throw – junior Cari Soong (Jr., 5-9, Riverside, North HS)

**-NCAA -** No. 3, 216-3 (school record).

**-West Regional** - hammer throw, 1st, 216-3 (personal-best, school record, No. 2 in Pac-10 history).

-Pac-10 - hammer throw, 1st, 215-11 (then personal-best, Pac-10 meet record, then No. 2 in Pac-10 history).

-Career - five-time NCAA All-American in hammer and weight throws; 2003 West Region/Pac-10 hammer throw champion; 2000 U. S. Junior hammer throw champion; first degree black belt in karate.

#### 2003 NCAA West Regional/Pac-10 Results

#### May 30-31 - Bruin Women Clinch NCAA West Regional Title

At Stanford, UCLA won the team title at the first-ever NCAA West Regional meet and automatically qualified 13 Bruins to the NCAA Outdoor Championships. including seven individual event winners. UCLA's Regional Event Champions were - junior Cari Soong (hammer throw), sophomore Candice Baucham (triple jump), junior Lena Nilsson (800m/1500m), sophomore Monique Henderson (400m) and junior Sheena Johnson (400m hurdles), along with UCLA's 4 X 400m relay. Final Team Points (Top 5 of 24 teams) - 1. UCLA 138, 2. Stanford 77, 3. USC 76, 4. Arizona State 55, 5. Oregon 48.50. Field Final Results (top five advance to the 2003 NCAAOutdoor). Hammer - junior Cari Soong continued her winning ways, placing first in the event with a mark of 216-3, a personal-best, new school record and No. 2 in Pac-10 history. Two weeks ago at the Pac-10 meet, Soong again won the hammer throw title, with a Pac-10 meet record and then-UCLA school record of 215-11

**Triple Jump** - UCLA qualified two athletes from this event. Sophomore Candice Baucham, who two weeks ago won this event at the Pac-10 meet and on Saturday also qualified in the long jump, repeated as the Regional Champion, with a winning mark of 42-0.00w (+2.6). Freshman Sheena Gordon finished fifth (40-10.50).

**High Jump** - Gordon qualifies in her second event, tying for second, with a leap of 5-10.50. Junior Julie Stevenson placed 13th (5-7.25, season outdoor best).

**Discus** - Senior Chaniqua Ross, the defending NCAA Outdoor champion, placed second, with a mark of 176-10. Sophomore Briona Reynolds, who has already qualified in the shot put, finished sixth (171-10) and junior Lara Saye was eighth (169-4). **Track Final Results** (top five advance to the 2003 NCAA Outdoor).

4x100m Relay - No entry.

**1500m** - Junior Lena Nilsson's collegiate winning streak continued, as she won the regional 1500m crown, in a time of 4:19.07. Two weeks ago at the Pac-10 meet, she won both the 800m/1500m (for the second year in a row, only woman in conference history to accomplish that feat) and last week at the Prefontaine meet, she placed fifth and set the new UCLA 1500m record (4:07.69, breaking her old mark of last season, 4:09.89).

**100m Hurdles** -The Bruins qualified three athletes to the outdoor nationals from this event. Junior Sheena Johnson, who won this event at the Pac-10 meet, placed second (13.27), freshman Dawn Harper was fourth (13.33, tied personal-best) and junior Sani Roseby was fifth (13.51).

**400m** - UCLA qualified two athletes to the national outdoor meet from this event. Sophomore Monique Henderson, who did run in the final of this event at the Pac-10 meet because of tightness in her left hamstring, won the event with a mark of 52.01 (season-best). Junior Adia McKinnon was third (53.19, season-best).

**100m** - Junior Sani Roseby, who had already qualified in the 100m hurdles, placed eighth (11.73).

800m - Nilsson duplicated her Pac-10 feat of two weeks ago and also won the Regional 800m (to go with her 1500m title) crown, winning in a time of 2:04.13. Nilsson who won both the 800m and 1500m races at the Pac-10 and Regional meets.
400m Hurdles - UCLA qualified two athletes to the NCAA Outdoor. Johnson, who at the Pac-10 meet won this event, also won the event at the Regionals, in a time of 55.88 (season best). Senior Ysanne Williams finished fifth, in a time of 58.84.

**3000m Steeplechase** - Junior Melissa McBain, the schoolrecord holder (10:36.06), had the 24th best mark, a time of 11:01.31.

**4x400m Relay** - UCLA's relay of McKinnon, Johnson, Williams, and Henderson placed first, with a time of 3:31.62 (seasonbest, No. 6 in school history). When Henderson took the baton, the Bruins when in second-place, she took over the lead on the final turn and sped to the victory.

### May 30- Bruin Results from Day One of NCAA West Regionals

#### Three Bruins advance to the NCAA Championships.

At the conclusion of the first day of the NCAA West Regional Championships, the Bruin women have automatically qualified three athletes for the upcoming NCAA Outdoor meet (shot putters Jessica Cosby and Briona Reynolds and long jumper Candice Baucham). Qualifying went as expected, led by junior Lena Nilsson (800m/1500m) and junior Sheena Johnson (100m hurdles/400m hurdles).

**Field Finals** (4 Finals, the top five automatically qualify for the NCAA Outdoor.)

**Javelin** - Junior Karina Powell placed 12th overall (141-9/3rd in flight two).

**Pole Vault** - Freshman Chelsea Johnson placed sixth (13-6.25, tied personal-best). Entering the meet, Johnson's mark of 13-6.25 was No. 6 on the U. S. collegiate chart. Jamie Kolar was 12th with a personal best vault of 12-10.25 (3.92m, No. 6 in school history).

**Shot Put** - UCLA qualified two athletes to the NCAA Outdoor. Sophomore Jessica Cosby, the defending NCAA Outdoor champion who two weeks ago won the Pac-10 title, placed third (54-2.50) and sophomore Briona Reynolds was fifth (52-0.00).

**Long Jump** - Sophomore Candice Baucham, who won the Pac-10 triple jump two weeks ago, automatically qualified for the NCAA Outdoor, placing fifth (19-7.50).

**Track Finals** (1 Final, the top five automatically qualify for the NCAA Outdoor.))

**5000m** - no entry

#### Track Prelims (7 Prelims)

4 X 100m - no entry

**1500m** - Junior Lena Nilsson, the defending NCAA Outdoor Champion in this event who last week at the Prefontaine meet set a new Pac-10/UCLA record in the 1500m (4:07.69), ran the fastest qualifying time (4:24.48)

**100m Hurdles** - The Bruins qualified all three runners for Saturday's final. Junior Sheena Johnson, who won the Pac-10 title in this event two weeks ago, had the second fastest mark (13.13w,+3.6), freshman Dawn Harper, the third-fastest time (13.21w,+2.4) and junior Sani Roseby (13.28w, +2.6), the fifthbest mark.

**400m** - UCLA qualified two of its three runners to Saturday's final. Sophomore Monique Henderson won heat one (53.12) and junior Adia McKinnon was third (54.16). Not qualifying was sophomore T'Carra Penick, who placed fifth (55.26) in heat three

**100m** - Junior Sani Roseby advanced to Saturday's final, with the final qualifying mark of 11.71 (season-best).

**800m** - Nilsson, who at the Pac-10 meet two weeks ago won both the 800m/1500 for the second year in a row, won heat one and her time of 2:04.79 was the event's top mark. Freshman Ashley Caldwell placed sixth in her heat (2:10.69) and did not qualify for Saturday's final.

**400m Hurdles** - The Bruins qualified two athletes for Saturday's final. Johnson, who two weeks ago won both hurdles at the Pac-10 meet, won heat two and had the fastest time of the day (58.32). Senior Ysanne Williams, who was second in this event at the league championships, won heat three with a time of 59.64 (fifth-best overall mark).

#### May 17-18 (at USC) -UCLA Wins Seventh Consecutive Pac-10 Title

Jeanette Bolden's UCLA women's team won their seventh consecutive conference team title and triumphed for the ninth time in the last 10 seasons (Bolden is in her 10th year as the Bruin head coach). The Bruin won the team title without the services of sophomore standout Monique Henderson. On Sunday, after the 4 X 100m final, Henderson was pulled from the meet (for precautionary measures) and did not compete in the 200m, 400m or 4 X 400m relay.

The Bruins had seven events winners - junior Lena Nilsson repeating as the 800m/1500m champion; junior Sheena Johnson winning both hurdles; sophomore Candice Baucham in the triple jump; sophomore Jessica Cosby in the shot put and junior Carl Soong in the hammer throw.

**Final Team Point Totals: 1. UCLA 155**, 2. Stanford 140, 3. Arizona State 109, 4. USC 101, 5. Washington State 87, 6. Washington 64, 7. Oregon 60, 8. Arizona 58, 9. California 40. Field Finals

#### Sunday (May 18)

#### Field Finals

**Triple Jump** - The Bruins picked up 18 points, going onetwo. Sophomore Candice Baucham (Inglewood/Long Beach Poly) won the event, with a mark of 42-6.75 and freshman Sheena Gordon (Erie, PA/MacDowell) was second, 42-00.50 (season-best, National Regional Qualifier).

**Discus** - Senior Chaniqua Ross (Elk Grove/Laguna Creek), the defending NCAA champion and two-time defending Pac-10 champion in this event, placed second, with a mark of 180-3. UCLA also placed fifth and sixth, with junior Lara Saye (Henderson, NV/Silverado) in fifth-place (175-00, season-best, NRQ) and sophomore Briona Reynolds (Grand Forks, ND/Red River) finishing sixth (172-10, season-best, NRQ).

**Pole Vault** - Freshman Chelsea Johnson (Atascadero HS) placed second (13-3.50). Sophomore Jamie Kolar (Long Beach Poly) no-heighted.

#### Track Finals

**4x100m** - UCLA placed seventh, picking up one point (46.03). After the race, UCLA sophomore Monique Henderson (San Diego/Morse), for precautionary measures, was pulled for the rest of the meet and did not run in the 200m/400m or 4X400m relay.

**1500m** - Junior Lena Nilsson (Vallentuna, Sweden), the defending champion in both the 800m and 1500m, won the event, with a time of 4:13.21 (season-best, NRQ), picking up 10 points for the Bruins.

100m Hurdles - Junior Sheena Johnson won the event, picking up 10 points for the Bruins. Her winning time of 13.10 (personal-best, NRQ) is No. 4 in school history. Freshman Dawn Harper (E. St. Louis, IL HS) placed second (13.33, personal-best, NRQ, No. 8 in school history) and junior Sani Roseby (Monterey, CA HS) was fourth (13.47, season-best, NRQ). The Bruins picked up 23 points in this event. UCLA has won this event seven of the last eight years and a total of 12 times in the last 17 years (dating back to 1987).

**400m** - Henderson, who had the conference's top time (52.23), was pulled (precautionary measure) from this event, after she ran the second leg on UCLA's 4 X 100m relay (seventh-place, 46.03). Junior Adia McKinnon (Flossmoor, IL/Homewood-Flossmoor), the 2001 champion in this event, placed fifth (54.17).

100m - no entries in the final.

**800m** - Nilsson won the event (2:03.86, season-best, NRQ), picking up 10 points for the Bruins. Nilsson, a three-time NCAA Champion and school record-holder in the 800m/1500m, becomes the first woman in conference history to repeat as

double winners in both the 800m and 1500m. Freshman Ashley Caldwell (Los Gatos HS) finished sixth (2:08.19, personal-best, NRO).

**400m Hurdles** - Johnson won the event (56.45, seasonbest, NRQ) making her the third athlete in Pac-10 women's history to win both hurdles at the conference meet (all Bruins - Joanna Hayes, 1997; Janeene Vickers, 1989-90) and the third women's athlete in history to win this event three consecutive years (USC's Natasha Danvers, 1998-2000 and Vickers, 1989-91). Senior Ysanne Williams placed second (57.67, season-best, NRO).

**200m -** With Henderson pulled from the event, the Bruins had no entries in the final.

5000m - No entries.

4x400m - No entry.

### Saturday (May 17) -Bruins Third After First Day of Pac-10 Championships

On Saturday, the Bruins were led by junior Cari Soong, who won the hammer throw with a mark of 215-11. Her winning throw was a personal-best, UCLA record, Pac-10 meet record and the No. 2 throw in conference history. Also capturing a Pac-10 title was sophomore Jessica Cosby, the defending NCAA shot put champion, who won the Pac-10 shot put title with a season best throw of 55-7.75.

**Team Totals (after seven events)** - 1. Stanford 65, 2. Arizona State 46, **3. UCLA 45**, 4. Washington State 39, 5. USC 38, 6. Washington 32, 7. Oregon 23, 8. Arizona 16, 9. California 8. **Finals** 

Hammer Throw - Junior Cari Soong (Riverside North) won the event with a mark of 215-11 (personal-best, National Regional Qualifier). Her winning effort was a Pac-10 Championship meet record (old mark, 214-7, Christina Tolson, UCLA, 2001), No. 2 in Pac-10 history, a new UCLA record (old mark, 215-0, Christina Tolson, UCLA, 2001) and No. 9 all-time USA. Soong defeated the Pac-10 record-holder, USC's Julianna Tudja, who placed second, 208-6 (Tudja set the Pac-10 record this season with a mark of 218-5). UCLA sophomore Jessica Cosby placed fourth (Mission Hills/Cleveland), 200-07 (ties personal-best). Soong (10 points) and Cosby (five points) pick up 15 points for the Bruins. UCLA has won four of the last five hammer throw titles.

**Long Jump-** Sophomore Candice Baucham (Inglewood/ Long Beach Poly) placed sixth (19-4.25w, +2.3), picking up three points for the Bruins. Freshman Sheena Gordon (Erie, PA/ MacDowell) was 16th (18-1.50).

**High Jump** - Gordon was third (5-10, outdoor season-best, NRQ), getting six points for UCLA. Junior Julie Stevenson (Walnut/Diamond Bar) placed sixth (5-7, ties season outdoor best, NRQ), for three Bruin points.

**Javelin** - Junior Karina Powell (Visalia/Mt. Whitney) was 10th (133-5).

**Shot Put -** Sophomore Jessica Cosby, the defending NCAA Outdoor shot put champion, won the event, with a mark of 55-7.75 (season-best, NRQ), beating the defending champion, Stanford's Jillian Camarena, who placed second with a mark of 55-5. Cosby picks up 10 points for the Bruins. Sophomore

Briona Reynolds was fourth (51-3.75), getting five points for UCLA. The Bruins have won 13 of the last 14 conference women's shot put crowns.

**3000m Steeplechase -** Junior Melissa McBain (Thousand Oaks HS) placed sixth (10:52.22), picking up three points for the Bruins

**10,000m-** Junior Valerie Flores (San Pedro, CA/San Pedro) placed 11th in 36:51.31 and sophomore Carmen Winant (Philadelphia, PA/Germantown Friends) was 12th in 36:53.62. **Qualifying Events** 

4 X 100m Relay - No qualifying event.

**1500m** - Junior Lena Nilsson (Vallentuna, Sweden), the defending champion in both the 800m/1500m, had the second-fastest qualifying time (4:28.43). Freshman Allison Hall (San Diego/Rancho Bernardo) ran a 4:37.10 and did not qualify for the final.

**100m Hurdles** - The Bruins had three qualifiers - junior Sheena Johnson (Stafford, VA/Garfield; 13.46, second fastest time), junior Sani Roseby (Monterey, CA HS; 13.55, third-fastest time) and freshman Dawn Harper (E. St. Louis Senior HS; 13.59, sixth-fastest time).

**400m** - UCLA had two qualifiers - sophomore Monique Henderson (San Diego/Morse HS), 52.91 (second-fastest qualifying time) and junior Adia McKinnon (Flossmoor, IL/Homewood-Flossmoor), 53.32 (sixth-fastest qualifying time, season-best, NRQ). Sophomore T'Carra Penick (Oakland/Berkeley) ran a 55.36 and did not advance.

**100m** - Roseby ran a 11.80 (season legal-best, NRO) but did not advance.

**800m -** UCLA had two qualifiers - defending champion Nilsson, the top time, 2:07.16 and freshman Ashley Caldwell (Los Gatos HS), with the final qualifying time of the event (2:09.60, season-best automatic mark).

**400m Hurdles** - UCLA's two qualifiers each won their heats - Johnson, the two-time defending champion, had the top time (57.17, season-best, NRQ) and senior Ysanne Williams (Albany, NY HS), a five-time All-American, had the second-fastest mark, 58.35 (season-best, NRQ).

**200m** - Henderson won heat one and finished with the second-fastest qualifying mark of 23.53w (+2.4).

#### May 10-11 - Pac-10 Multi-Events

USC hosted the 2003 Pac-10 Multi-Event Championships. The women's heptathlon winner was Washington State's Ellannee Richardson (5766) and the men's decathlon winner was Oregon's Santiago Lorenzo (7564). Both athletes picked up 10 points (each) for their teams. The UCLA women did not have a heptathlon entry.

#### UCLA's Pac-10 Athletes of the Week

Starting April 14, and continuing each week until the Pac-10 Championships (May 17-18 at USC), the conference office will release women and men's track and field Athletes of the Week.

**April 14** (from Cal/NV) - The Bruins nominated in track - Melissa McBain who won the 1500m (4:35.45) and in field - junior Cari Soong who won the hammer throw (208-9, seasonbest, NCAA Regional Qualifier).

**April 21** (from Mt SAC) - The Bruins nominated in track - senior Tiffany Burgess who placed sixth in the invitational 800m (2:04.62) and in field - freshman Chelsea Johnson who tied for sixth in the invitational pole vault (13-5.25, UCLA outdoor best, NCAA Regional Qualifier, No. 3 in school history).

April 28 (from USC meet) - Pac-10 Women's Track Athlete of the Week (junior Sheena Johnson) - won the 100m hurdles (13.34, personal-best, No. 7 in school history, Pac-10 leader, National Regional Qualifier), 400m hurdles (57.79, season-opener, Pac-10 leader, NRQ) and ran the opening leg on the Bruins' winning 4 X 100m relay (44.52, season-best, 2nd in the Pac-10, NRQ). She scored 10 individual points and contributed to five in the 4 X 100m relay.

UCLA also nominated (field) freshman Chelsea Johnson who won the pole vault (13-6.25, personal-best, No. 3 in school history, No. 5 in the Pac-10, NRQ).

May 6 (from UCLA Invitational) - Pac-10 Women's Field
Athlete of the Week (senior Chaniqua Ross) - won the discus (182-10).

UCLA also nominated (track) junior Lena Nilsson who won the 800m (2:05.35, season-best, NRQ) and also ran the 1200m (3:19.8 split) on UCLA's distance medley relay (11:29.64).

May 13 (from Oxy Invitational) - UCLA nominated (field) junior Cari Soong who placed second in the hammer throw (top collegian) with a personal-best and NRQ mark of 211-4 (No. 2 in school history, No. 3 in Pac-10 history).

#### **Bruin Injury Update**

#### Tiffany Burgess Has Toe Surgery, Ends Her Collegiate Career

UCLA senior Tiffany Burgess, whose 800m time of 2:04.54 is No. 5 on the current U. S. list (as of April 30), on Friday (April 25) had toe surgery. The six-to-eight week healing process and following rehabilitation means she will miss the upcoming Pac-10, NCAA Regional and NCAA Outdoor Championships, ending her outstanding Bruin collegiate career as one of the nation's top young, middle distance runners.

Burgess, who prepped at Van Nuys Birmingham HS, fractured the big toe on her right foot on April 19, running in the invitational 800m at the Mt. SAC Relays. Burgess was leading the race after the final turn (when she suffered the injury) and finished in sixth-place with a time of 2:04.62.

Burgess ran her season-best 800m mark of 2:04.54 on April 5, winning the event at the Rafer Johnson/Jackie Joyner-Kersee Invitational, held at Drake Stadium. During her Bruin career, Burgess was an NCAA Champion, running on UCLAs winning distance medley relay at the 2002 NCAA Indoor. She also earned NCAA Indoor All-American honors in 2003 (800m) and again in 2002 (4 X 400m relay). During the 2002 outdoor season, Burgess held the UCLA school record in the 800m (personal-best 2:03.73, May 4) for several months, until teammate Lena Nilsson established the new school mark of 2:02.26 on Aug. 13.

"I would be hard-pressed to identify an athlete in our program over the last four years that has grown more as a student-athlete than Tiffany Burgess," said UCLA distance coach Eric Peterson. "She started as a walkon athlete, running 2:17 in the 800m and has developed into one of the nation's

top, young 800m runners. Losing her is a blow to our team and so very disappointing for Tiffany. Prior to the injury, she was running at an all-time high level and was very excited for the upcoming postseason. The good news is this is not a career-threatening injury, and her future as a national class runner is very bright."

#### **Academics**

#### Pac-10 Postgraduate Scholarship

Chaniqua Ross

#### Verizon Academic All-Dist. VIII

#### Second Team

Chaniqua Ross, Sr., 3.45pga, sociology/African-American Studies

**2003 Arthur Ashe Jr. Sports Scholars** (given by <u>Black Issues in Higher Education</u>, is open to students of color who have completed at least one academic year at their current institution. Student-athletes must have a cumulative GPA of 3.2 or higher and a record of campus or community service).

#### First Team

Nicole Gaskins, Jr., 3.86gpa, Communications studies

#### Third Team

Chaniqua Ross (Ross was also selected in 2002 for this honor).

#### Pac-10 Cross Country

#### First Team

Carmen Winant, So., 3.69gpa, Undeclared

#### Honorable Mention

Lori Mann, So.; Melissa McBain, Jr.; Carolyn Shea, So.

#### UCLA, USC Hold Rivalry Run Series

International City Racing, in association with USC Athletics and XTRA Sports 690/1150, the Flagship of UCLA Athletics, launched a new competition titled the Rivalry Run Series April 27

UCLA and its cross-town rival, USC, unveiled the inaugural event that will begin a series of community-wide 5 km races between rival universities. Students, alumni and fans will represent the team of their choice and compete for bragging rights and the perpetual "Victory Trophy". Approximately 3,000-5,000 runners were expected to compete. For more information, visit www.rivalryrun.com.

#### **UCLA PRONUNCIATION GUIDE**

#### Women

Ola Adeniji (A-den-gee), Candice Baucham (Bow-kam), Alejandra Barrientos (Bar-e-in-tos), Karen Bewley (Bu-ley), Maribeth Buche (Boo-shay), Krisserin (Chris-aron) Canary (Canar-ee); Kiyoko (Key-o-ko) Guillory; Emily Haigh (Haag); Nastassja (Nas-taj-a) Hall; Chelsea (Chel-cee) Johnson; Jamie Kolar (Ko-lar), Adia (A-dee-a) McKinnon, Jacqueline Nguyen (New-yen); Lena (Lee-na) Nilson (Nil-son), T'Carra (Ta-car-a) Pennick, Manyuan (goes by first name of Mani, pronounced Ma-nee) Reffell (Ra-fell), Briona (Bree-a-na) Reynolds; Hasani (goes by first name of Sani, Saw-nee) Roseby (Rose-bee), Chaniqua (Cha-nee-qua) Ross; Jenea (Ja-nay) Russ; Lara Saye (Say), Cari (Care-ee) Soong, Kamaiya (Ka-my-ah) Warren; Talita

(Ta-lee-ta) Wells; Ysanne (Ya-san) Williams, Carmen Winant (Wy-nant).

### 2003 UCLA Women's T & F Outdoor/Indoor Highlights Outdoor Results

#### Sunday, June 1 - Bruin Greats Compete in Home Depot Invitational

On Sunday (June 1), a crowd of over 10,000 watched one of the biggest outdoor meets in Southern California in recent years - at the Home Depot Center, at its track & field facility at CS Dominquez Hills in Carson, hosting a USATF 2003 Outdoor Golden Spike Tour event. The meet, attracted some of the top track & field athletes from the nation and the world.

Bruin greats who competed included - in women's competition -

**100m Hurdles** - Joanna Hayes (2nd, 12.65), Michelle Perry (4th, 12.94) and Bisa Grant (6th, 13.06)

**1500m** - redshirt freshman Jenna Timinsky competed unattached.

PV - Tracy O'Hara (2nd, 14-5.25)

DT - Suzy Powell (2nd, 200-00), Seilala Sua (4th, 193-11)

### Saturday, May 24 -Nilsson Sets Pac-10/UCLA 1500m Record

UCLA junior Lena Nilsson broke her own school and Pac-10 record in the 1500m, placing fifth in the event against a world-class field at the 29th annual Prefontaine Classic held at historic Hayward Field (11,097 attendance) in Eugene, OR.

Nilsson, a three-time NCAA individual champion who also has the school record in the 800m (2:02.26), clocked at 4:07.69, a personal-best and breaking her old school 1500m record of 4:09.89, set on July 6, 2002 in New Brunswick, ME. Her mark of 4:07.69 is also the top collegiate mark on this season's chart.

A statistical breakdown of Nilsson's race had her running a 64.96 after the first 400m, 66.62 in the second 400m (2:11.58, 800m) and a 65.13 in the third 400m (3:16.71, 1200m).

"This was a very good race for her," said Bruin distance coach Eric Peterson. "She broke through some pacing barriers she's never gone through before. That's quite a bit faster than Lena's ever been at the 1200m mark (3:16.71). She continues to make progress with every race and this effort comes at a key time."

Slovenia's Jolanda Ceplak won the 1500m race in a time of 4:02.44, followed by USA's Suzy Favor Hamilton (4:03.47), Ethiopia's Meskerem Legesse (4:03.96) and Jamaica's Mardrea Hyman (4:06.36). There were 12 runners in the race.

Ceplak, the world indoor record holder at 800m, with her mark of 4:02.44 set a new Slovenian national record and her time was the fastest in the world this season by seven seconds. In all, there were 11 world-best performances on Saturday at the Prefontaine Classic.

Several Bruin alumni also competed - Gail Devers, in her

first race since injuring her right hamstring three weeks ago, placed eighth (13.06) in the 100m hurdles and Amy Acuff was third in the high jump (6-5.75). John Godina withdrew from the meet with a hyperextended finger.

### May 21 - Soong, Reynolds Win at Hartnell College Throwers Meet

Junior Cari Soong and sophomore Briona Reynolds won their events Tuesday (May 20) at the 24th annual Hartnell College Throwers Meet in Salinas.

Soong (Riverside North) won the women's invitational hammer, with a mark of 214-0. Last Saturday at the Pac-10 meet, Soong won the hammer and her mark of 215-11 was a personal-best, UCLA record, Pac-10 Championship meet record, No. 2 in Pac-10 history and No. 9 all-time on the USA list.

Reynolds (Grand Forks, ND/Red River) won the women's open discus and her mark of 175-11 was a season-best. She also placed third (50-10.25) in the invitational shot put.

Also competing for the Bruin women at Hartnell College were:

Junior Lara Saye (Henderson, NV/Silverado) - second in the open discus (169-10).

Senior Chaniqua Ross (Elk Grove/Laguna Creek) - fifth in the invitational discus with a season-best 184-8. Ross is the defending NCAA Outdoor discus champion.

Sophomore Jessica Cosby (Mission Hills/Cleveland) - third in the invitational hammer (191-5) and second in the invitational shot put (55-9.75, season-best). Cosby is the defending NCAA Outdoor shot put champion and last weekend also won the Pac-10 shot put crown.

Bruin great Seilala Sua won the invitational shot put (56-11.50) and was second (203-2) in the invitational discus.

Marks from the Salinas meet do not count toward NCAA qualifying, but they do count for personal-bests, school records and USA qualifying.

### May 10 - The Bruins competed at the Oxy Invitational in Eagle Rock.

The Bruin women had three winners on the day. Junior Melissa McBain won the 1500m in a season best and NCAA Regional Qualifying time of 4:30.71. Freshman Sheena Gordon won the triple jump in a seasonal best 41-5.25 (12.63m). And, senior Chaniqua Ross won the discus with a NCAA Regional Qualifying mark of 180-9 (55.10m).

Sophomore Jessica Cosby placed second in the shot put (53-9.75/16.40m) behind former Bruin great Seilala Sua (57-9.50/17.61m). And, junior Cari Soong placed second in the hammer (top collegiate finisher) with a personal best throw of 211-4 (64.41m, NCAA Regional Qualifier)

Results (\* - indicates NCAA Regional Qualifying mark) 800m - 2. Ashley Caldwell, 2:08.7; 10. Allison Hall, 2:16.1; 29. Sarah West, 2:22.07

**1500m** - 1. Melissa McBain, 4:30.71; 4. Allison Hall, 4:34.32; 8. Emily Haigh, 4:39.85; 9. Sarah West, 4:44.81; 17. Ashley Allen, 4:52.14

100mH - 9. Mani Reffell, 15.04

**400mH** - 5. Ysanne Williams, 1:00.69; 11. Nastassja Hall, 1:03.50; 15. Mani Reffell, 1:06.13; 20. Erica Stewart, 1:09.96

HJ - 5T. Caroline Sommers, 5-5 (1.65m)

**PV** - 4. Jackie Nguyen, 12-0 (3.66m); 6T. Jenea Russ, 11-0.25 (3.36m)

TJ - 1. Sheena Gordon, 41-5.25 (12.63m)

**SP** - 1. Seilala Sua, 57-9.50 (17.62m); 2. Jessica Cosby, 53-9.75 (16.40m)

DT - 1. Chaniqua Ross, 180-9 (55.10m)

HT - 2. Cari Soong, 211-4 (64.41m)

#### May 3 - UCLA Invitational Results; Bruins Host Final Home Meet of the Season at Drake Stadium UCLA Women

The UCLA women were led by sophomore Monique Henderson (San Diego/Morse HS) and junior Lena Nilsson (Vallentuna, Sweden). Henderson won the 200m (23.94) and anchored UCLAs winning 4 X 400m relay (3:35.16, seasonbest, National Regional Qualifier). Nilsson, a three-time NCAA champion for the Bruins, won the 800m (2:05.35, season-best, NRQ) and also ran the 1200m (3:19.8 split) on UCLAs distance medley relay (11:29.64).

#### Bruin winners on the track:

- -100m junior Hasani Roseby (Las Vegas, NV/Monterey, CA HS), 11.95.
  - -200m Henderson, 23.94.
- **-400m** sophomore T'Carra Penick (Oakland/Berkeley), 54.94 (personal-best, NRQ).
- **-800m** Nilsson, 2:05.35 (season-best, NRQ). Nilsson, the school record-holder (2:03.73) in this event, led a Bruin one-through-four sweep.
- -1500m freshman Emily Haigh (Santa Ana/Foothill),
- **-4 X 400m relay** junior Adia McKinnon (Flossmoor, IL/Homewood-Flossmoor), senior Ysanne Williams (Albany, NY HS), junior Sheena Johnson (Stafford, VA/Garfield HS) and Henderson, ran a 3:35.16 (season-best, NTQ).

#### Bruin winners in the field:

- -PV freshman Chelsea Johnson (Atascadero HS), 13-3.75.
- **-DT** senior Chaniqua Ross (Elk Grove/Laguna Creek), 182-10. Ross, the 2002 NCAA Outdoor discus champion, led a Bruin one-through-three sweep.
  - -JT junior Karina Powell (Visalia/Mt. Whitney), 141-5.
  - -HT junior Cari Soong (Riverside North), 204-7.50.

#### Other top Bruin performances were turned in by:

- -Johnson placed second in the 100m hurdles (13.28, personal-best, No. 7 in school history, NRQ). The race was won by Bruin great Joanna Hayes (13.01), who also won the 400m hurdles (56.97).
- -sophomore Jessica Cosby, the defending NCAA Outdoor shot put champion, placed second in the event, 54-1.75. Bruin great Seilala Sua won the shot put (56-3.25). Cosby was also second in the hammer throw (188-1).
- -senior Karen Bewley (Atascadero HS) placed second in the pole vault (12-6, ties personal-outdoor best, NRQ).

Bruin great Darnesha Montgomery (as UCLA senior

Darnesha Griffith, she won the 2002 NCAA Indoor and Outdoor high jump crowns) won the high jump (5-8.75).

## April 26 - UCLA Women Defeat USC 104-59 in T & F Dual Meet, Bruins win meet for 11th consecutive year in impressive fashion.

Jeanette Bolden's No. 4 UCLA women's track & field team defeated No. 5 USC 104-59 (traditional scoring, 5-3-1 individual events/5-0 relays) in the annual dual meet, before 3,087 at Loker Stadium on the Trojan campus. The Bruin women have now won the traditional UCLA/USC dual meet 11 years in a row and lead the overall series 17-3.

UCLA's 45-point winning spread was the Bruins' seventhlargest margin of victory in the history of the traditional dual meet, going back to 1984. In her 10th season as the Bruin head coach, Bolden has an unbeaten 10-0 record vs. the Trojans and in her career, she boasts an undefeated dual meet mark of 69-0.

In Lexus Gauntlet team scoring between UCLA and USC, the Bruins picked up 10 points (five for the Bruin women's victory and five for the UCLA men's win in the dual meet, defeating USC 82-81).

The Bruin women had three multiple event winners on the track, led by sophomore Monique Henderson (San Diego/Morse HS), junior Sheena Johnson (Stafford, VA/Garfield HS) and junior Lena Nilsson (Vallentuna, Sweden).

#### Henderson/Johnson/Nilsson Multiple Winners

Henderson won the 200m (23.62, season-best, NCAA Regional Qualifier (NRQ), 400m (52.23, fourth-fastest time this season in the U. S., season-best, NRQ) and ran the second leg on UCLA's winning 4 X 100m relay (44.52, season-best, NRQ).

Johnson won the 100m hurdles (13.34, personal-best, No. 7 in school history, NRQ), 400m hurdles (57.79, season opener, NRQ) and ran the opening leg on the Bruins' winning 4 X 100m relay. The 100m hurdles was a particularly strong event for the Bruins, finishing one-through-three (first-place, Johnson; second-place, freshman Dawn Harper, from E. St. Louis, IL Senior HS (13.42, personal-best, No. 10 in school history, NRQ) and third-place, junior Hasani Roseby, from Las Vegas, NV Monterey, CA HS (13.52, season-best, NRQ).

Nilsson, a three-time NCAA champion for the Bruins, won both the 800m (2:05.36, season-best, NRQ) and 1500m (4:20.13, season-opener, NRQ).

On the track, the Bruins had another winner in senior Melissa McBain (Thousand Oaks HS), who triumphed in the 3000m steeplechase (10:53.1). UCLA took first-through-third place in the 3000m steeplechase (second-place, freshman Ashley Allen, from Pleasant Hill/College Park HS (11:10.9, personal-best) and third-place, sophomore Carolyn Shea, from Waterville, ME HS (11:19.3).

#### **Bruins Had Four Winners in the Field**

In the field, UCLA was led by four individual event winners. Freshman Chelsea Johnson (Atascadero HS) won the pole vault (13-6.25, personal-best, No. 3 in school history, NRQ) and sophomore Candice Baucham (Inglewood/Long Beach Poly) placed first in the triple jump (41-11.50). Baucham also finished second in the long jump (19-4.75).

Sophomore Jessica Cosby (Mission Hills/Cleveland HS) won the shot put (54-3.25) and was fifth in Friday's hammer throw (181-9). Junior Lara Saye (Henderson, NV/Silverado HS) took first-place in the discus (174-3, season-best, NRQ) and defending NCAA discus champion Chaniqua Ross (Elk Grove/Laguna Creek) placed second (174-1).

Freshman Sheena Gordon (Erie, PA/MacDowell HS) scored six points for the Bruins. Gordon placed second in the high jump (5-8.50), second in the triple jump (40-11.50, season-opener, NRQ) and she was also fourth in the long jump (19-0).

# April 17-19 - The Bruin women competed at the Mt. SAC Relays, the Pomona -Pitzer and Long Beach Invitationals. Here are the highlights -

Mt. SAC

800m Invitational - senior Tiffany Burgess placed sixth (2:04.62). 5000m Collegiate - senior Melissa McBain was 12th, with a time of 16:48.27 (personal-best, NCAA Regional Qualifier). PV Invitational - freshman Chelsea Johnson tied for sixth (13-5.25, UCLA outdoor best, NCAA Regional Qualifier, No. 3 in school history). The event was won by Bruin great Tracy O'Hara (14-5.25).

<u>DT Invitational</u> - senior Chaniqua Ross placed fourth (182-1). Bruin great Seilala Sua was second (194-6).

HT Collegiate - junior Cari Soong was first (204-3).

#### Long Beach

PV - sophomore Jamie Kolar placed first (12-6) and freshman Jackie Nguyen tied for second (12-0).

#### Pomona Pitzer

800m - freshmen Allison Hall (7th, season-best mark of 2:12.46), Ashley Caldwell (9th, 2:12.66) and Jenny Esser (37th, season-best 2:18.73).

### April 11-12 - at Cal/NV T & F Championships/hosted by San Diego State

#### **UCLA Women**

The Bruin women sent a partial squad to the Cal/NV Championships and placed second in the 22-team, scoring 124.50 points, finishing behind host and first-place San Diego State (159 points).

UCLA had four individual champions-

1500m – senior Melissa McBain (Thousand Oaks HS) won with a time of 4:35.45.

**PV** – freshman Chelsea Johnson (Atascadero HS) placed first with a vault of 13-4.50 (season-outdoor best, NCAA Regional Qualifier.

**DT** – senior Chaniqua Ross won with a mark of 175-0 and junior Lara Saye was second (171-5, season-best, NCAA Regional Qualifier). Ross also placed fourth in the shot put (48-2.50).

HT – senior Cari Soong finished first with a mark of 208-9 (season-best, NCAA

Regional Qualifier) and sophomore Jessica Cosby was second (200-7, personal-best, No. 3 in school history, NCAA Regional Qualifier). Cosby also placed second in the shot put (52-2.75).

#### April 4-5 - Rafer Johnson/Jackie Joyner-Kersee Invitational

The Bruin women competed in the first annual Rafer Johnson/Jackie Joyner-Kersee Invitational, held April 4-5 at UCLAs Drake Stadium.

(Final Day Results/April 5)-Rafer Johnson/Jackie Joyner-Kersee T & F Invitational)

- -UCLA Great Michelle Perry (100m hurdles) Named Women's Athlete of the Meet
- Bruin Women Win Four Events, Led by Monique Henderson (400m), Tiffany Burgess (800m), 4 X 400m Relay and Cari Soong (HT)

In the final day of all invitational results at the first annual Rafer Johnson/Jackie Joyner-Kersee Track & Field Invitational held Saturday (April 5) at UCLA's Drake Stadium, Bruin great Michelle Perry was named the Women's Athlete of the Meet.

Perry, who competed at UCLA from 1998-2001 and is one of the nation's top young heptathletes competing unattached, won the 100m hurdles in a time of 13.15 (second-fastest time in the world this season; in the race, Perry beat Felicia Stone, 13.25 and Eunice Barber, 13.31) and placed fourth in the long jump (19-6.25).

Other world-class professional athletes who competed on Saturday and won their events included – in women's competition – Erica Whittier (Canada) in the 200m (23.44); Allison Mann in the 3000m steeplechase (10:40.46); former USC standout Natasha Danvers in the 400m hurdles (56.78); Sheffield Elite winning the 4 X 100m (44.93); former USC star Tatyana Obuchova (Ukraine) in the long (20-10) and triple jumps (42-6); Mel Mueller (Nike) in the pole vault (14-0); Kristin Heaston (Unattached) in the shot put (57-6.25) and Bruin great Seilala Sua (Nike) in the discus (189-11).

#### **UCLA Women**

The Bruin women were led by four event winners. Sophomore Monique Henderson won the 400m (53.07, season-opener, NCAA Regional Qualifier); senior Tiffany Burgess in the 800m (2:04.54, season-opener, NCAA Regional Qualifier-it's the fastest time by an American during the early stages of the current outdoor season); UCLA's 4 X 400m relay (3:47.13, season-best) and junior Cari Soong in the hammer throw (202-8, season-best, NCAA Regional Qualifier).

Other top performances turned in by the UCLA women's team included – junior Sheena Johnson, fourth (top collegian) in the 100m hurdles (13.37, season-best, NCAA Regional Qualifier); UCLA's second-place 4 X 100m relay (45.18, season-best, NCAA Regional Qualifier); freshman Sheena Gordon in the high jump (3<sup>rd</sup>, 5-8.75, season-best, NCAA Regional Qualifier); sophomore Candice Baucham in the triple jump (2<sup>nd</sup>, 42-2.25) and sophomore Jessica Cosby (4<sup>th</sup>, 54-7.50, season-best, NCAA Regional Qualifier) and sophomore Briona Reynolds (5<sup>th</sup>, 52-4.50, season-best, NCAA Regional Qualifier) in the shot put .

(First Day Results/April 4)-Rafer Johnson/Jackie Joyner-Kersee T & F Invitational) First day results from the first annual Rafer Johnson/ Jackie Joyner-Kersee Track & Field Invitational held Friday at UCLA's Drake Stadium. All events on Friday were women and men's open and qualifying, with the exception of invitational events in the men's hammer and men's 10,000m.

#### **UCLA Women**

On the track, Bruin junior Sheena Johnson and junior Sani Roseby won heats in the 100m hurdles, sophomore T'Carra Penick won a heat in the 400m and UCLA went one-through-three in the 800m.

Johnson won heat two in the 100m hurdles with the day's best time (13.76) and Roseby won heat three (13.88). Penick won heat two in the 400m (55.86).

In 800m qualifying, UCLA freshman Ashley Caldwell won the event in a time of 2:16.69, followed by freshman Allison Hall (2:18.43) and freshman Jenny Esser (2:19.99).

Also running well for the Bruin women on the track Friday were – freshman Nastassja Hall, second in the 400m (56.55, season-best); Roseby was third (12.13w) in a 100m heat and junior Adia McKinnon was third (24.71, season-best) in 200m qualifying.

In the field, the Bruin women were led by sophomore Briona Reynolds in the shot put and freshman Chelsea Johnson in the pole vault. Reynolds placed second (50-10.25) in the shot put and Johnson was third (13-3.25, season-best) in the vault.

#### March 28-30 - at Rainbow Relays, University of Hawaii; at Stanford Invitational Rainbow Relays

At the Rainbow Relays (March 28-29), the Bruin women were led by sophomore Candice Baucham and freshman Dawn Harper. Baucham won the long jump (18-00.25), triple jump (41-7.25) and ran the opening leg of the Bruins' 800m sprint relay, which won in 1:46.44. Harper won the collegiate open 100m in 12.38, placed second in the 100m hurdles in a NCAA Regional Qualifying 13.76 and ran the second leg of the victorious 800m sprint relay.

Other Bruin winners were freshman pole vaulter Chelsea Johnson, who won with a vault of 11-8.50 and sophomore shot putter Jessica Cosby, who threw a NCAA Regional Qualifying 52-7.25. The 800m sprint relay squad of Baucham, Harper, Dana Bethel and Hasani Roseby won in 1:46.44.

Bethel placed second in both the college open 100m (12.73) and long jump (17-2). Freshman Sheena Gordon placed third in the high jump with a NCAA Regional Qualifying jump of 5-7. Jamie Kolar was second in the pole vault at 11-8.50. In the shot put, the Bruins had NCAA Regional Qualifying throws. Briona Reynolds was second (50-3.50), Chaniqua Ross was third (50-2) and Lara Saye was fourth (45-8). And, the distance medley relay of Sheena Johnson, Adia McKinnon, Monique Henderson and Ysanne Williams placed second in 12:49.66.

#### Stanford Invitational

At the Stanford Invitational (March 28-30), junior Lena Nilsson placed third in the 800m in a NCAA Regional Qualifying 2:07.13. Senior Melissa McBain set a new school record in

the 3000m steeplechase, placing sixth in a NCAA Regional Qualifying 10:36.06. In the 1500m, senior Tiffany Burgess placed 11th in a NCAA Regional Qualifying time of 4:27.56. And, in the 10,000m, Valerie Flores was 19th (35:08.05) and Carmen Winant was 20th (35:15.04). Flores' time was No. 6 in school history and Winant's was No. 8 in school history.

#### March 1- UCLA Women Open 2003 Home Outdoor T & F Season With Quad Wins Over Cal Poly-SLO, CS Fullerton and CS Los Angeles

The Bruin women won their quad with 253 points, ahead of CP-SLO (131), CSF (130) and CSLA (66).

On the track, UCLA was led by sophomore Monique Henderson (San Diego/Morse HS), junior Sheena Johnson (Stafford, VA/Garfield HS) and junior Melissa McBain (Thousand Oaks HS). Henderson won both the 100m (11.67, NCAA Regional Qualifier (NRQ)) and 200m (24.29) and ran the third leg on UCLA's winning 4 X 100m (45.19, NRQ). Johnson won the 100m hurdles (13.44, NRQ), was second in the 100m (11.91) and ran the anchor on the Bruins' winning 4 X 100m relay. McBain won the 3000m steeplechase in a time of 10:54.21 (NRQ, No. 3 in school history). UCLA's other winners were - sophomore T'Carra Penick (Oakland/Berkeley HS) in the 400m (55.68), freshman Allison Hall (San Diego/Rancho Bernardo HS) in the 800m (2:15.87) and sophomore Lori Mann (Coto de Caza/ Santa Margarita Catholic) in the 5000m (17:31.44). Bruin newcomer, freshman Dawn Harper (E. St. Louis, IL/E. St. Louis Senior HS) was second in the 100m hurdles (13.85, NRQ) and had a time of 12.13 in the 100m.

In the field, the Bruins were led by sophomore Candice Baucham (Inglewood/Long Beach Poly), who won both the long (19-9.50, NRQ, personal-legal outdoor best) and triple jumps (41-1.50w).

UCLA's other winners in the field were - freshman Chelsea Johnson (Atascadero HS) in the pole vault (12-6, NRQ), junior Karina Powell (Visalia/Mt. Whitney) in the javelin (140-10, NRQ, personal-best), senior Chaniqua Ross (Elk Grove/Laguna Creek HS), the defending NCAA Outdoor discus champion, who won the discus (183-3, NRQ) and was second in the shot put (51-6.50, NRQ), along with junior Cari Soong (Riverside North HS) in the hammer throw (198-7, NRQ).

#### INDOOR RESULTS

#### March 14-15 – 2003 NCAA Indoor Championships (Fayetteville, AR) Bruin Women Place Eighth

At the conclusion of the 2003 NCAA Indoor Track and Field Championships, Coach Jeanette Bolden's Bruin women tied eighth, scoring 24. The women's title was won by LSU, the defending NCAA Indoor champions, which scored 62 points for the victory. South Carolina and Florida tied for second, each scoring 44 points. North Carolina was fourth (38), Texas was fifth (35), Stanford was sixth (32), Auburn was seventh (29) and UCLA and Indiana tied for eighth, each scoring 24 points.

#### Results (Saturday, March 15)/Lena Nilsson Wins 800m

In the women's 20-lb. weight throw final, junior Cari Soong

had a career day. Soong placed third, scoring six points for the Bruins, with a personal best throw of 67-4.75 (20.54m). Soong earned indoor All-America honors and also broke up a Florida sweep of the event. Florida had five of the top-six finishers. Erin Gilreath won the event with a throw of 72-3.75 (22.04m), Jukina Dickerson was second at 67-10.75 (20.69m), LaQuanda Cotton was fourth (66-11.25/20.40m), Kim Barrett was fifth (66-10.50/20.38m) and Merilyn Brown was sixth (66-1.75/20.16m).

In the 800m final, Lena Nilsson (Vallentuna, SWE/Vallentuna Gymnasium) captured her first NCAA indoor individual title, winning in 2:05.13. Nilsson scored 10 points for the Bruins. It is her third NCAA title (2002-outdoor 1500m, indoor distance medley relay) and second indoor All-America honor, third overall. Junior Tiffany Burgess, who ran the third fastest qualifying time in the 800m (2:05.56), finished eighth in 2:09.51, scoring a point for the Bruins. She also earned the third indoor All-America honor of her career (2002-indoor 4x400m relay, distance medley relay).

Nilsson on winning the NCAA 800m crown: "It was nice to win the 800m tonight. After the prelims yesterday [Nilsson was the final qualifier for the finals after running 2:08.59], I was so sure that I wasn't going to make the final. I had never been in that kind of position before. Once I had a second chance, I was going to run as best as Icould. "

In the final of the 3000m run, Nilsson placed 13th in 9:30.73. The event was won the Shalane Flanagan of North Carolina, who finished in 9:01.05.

In the pole vault, freshman Chelsea Johnson (Atascadero, CA/Atascadero) placed 11th with a vault of 13-3.50 (4.05m). Sophomore Jamie Kolar (Long Beach, CA/Poly) placed 17th with a vault of 12-5.50 (3.80m).

In the 4x400m relay, the Bruin squad of Adia McKinnon (Flossmoor, IL/Homewood-Flossmoor), Sheena Johnson (Stafford, VA/Garfield), Hasani Roseby (Las Vegas, NV/Monterey, CA HS) and Monique Henderson (San Diego, CA/Morse) placed fourth, scoring five points, in 3:33.24. Texas won the 4x400m relay title in 3:27.66, a new NCAA Indoor Championships record.

### Results (Friday, March 14)/Sheena Johnson Places Seventh in the 60m Hurdles

After the first day of competition at the NCAA Indoor Track and Field Championships, held at the Randal Tyson Track Center, junior Sheena Johnson earned All-America honors, placing seventh in the 60m hurdles. In preliminary action, senior Tiffany Burgess and junior Lena Nilsson both advanced to the final of the 800m, which will be held on Saturday.

In the team scoring, defending indoor champion LSU is in first place with 23 points. Indiana and Stanford are tied for second with 22 points each. The Bruins have scored two points with Johnson's finish in the 60m hurdles and are tied for 29th.

In the women's shot put final, sophomore Jessica Cosby (Mission Hills, CA/Cleveland) placed 11th with a throw of 52-8.75 (16.07m).

In the 800m preliminaries, senior Tiffany Burgess ran the third fastest time of the day, placing second in her heat in 2:05.56, automatically qualifying for tomorrow's final. Junior

Lena Nilsson, the defending NCAA 1500m champion, placed third in her heat in 2:08.59, also qualifying for tomorrow's final.

In the 60m hurdles final, junior Sheena Johnson (Stafford, VA/Garfield) placed seventh in 8.175, earning her third indoor All-America honor. Lolo Jones of LSU won the NCAA title in 8.00, edging out Indiana's Danielle Carruthers by .01. In the prelims of the 60m hurdles, Johnson ran the sixth fastest time of the day, finishing third in her heat in a season-best 8.169, behind Nichole Denby of Texas, who was second in that heat in 8.166. Junior Hasani Roseby (Las Vegas, NV/Monterey, CA HS) placed fourth in her heat, 13th overall, in 8.32, but did not advance to the finals.

In the prelims of the 200m, sophomore Monique Henderson (San Diego, CA/Morse) placed second in her heat, 13th overall, in 23.56. Henderson did not advance to the final.

### Feb. 28-March 2 - 2003 USA T & F Indoor Championships (Boston, MA)

#### Jessica Cosby Places Fourth In Shot Put; Bruin Great Gail Devers Sets New American Indoor Record in the 60m Hurdles

At the 2003 USA Indoor Track & Field Championships, UCLA junior Jessica Cosby, placed fourth in the shot put on Sunday and on Saturday, Bruin great Gail Devers broke her own American indoor record in the 60m hurdles.

Cosby (Mission Hills/Cleveland HS) placed fourth in the shot put with a mark of 54-2.

Devers wasted no time in continuing her record-breaking year, running 7.74 seconds in the semifinals of the women's 60m hurdles to improve on her own American record of 7.78, set February 7 at the Verizon Millrose Games. The time was also a world leader. Devers came back to win her first-ever U.S. indoor title in the hurdles with her time of 7.85 in the finals.

Along with Devers, other Bruin alumni who competed at the USA Indoor were – in the 60m hurdles, Bisa Grant finished seventh (8.10/8.18Q); in the high jump, Amy Acuff placed second (6-4.25) and in the shot put, Seilala Sua was second (58-6).

### Feb. 21-22- 2003 MPSF Indoor Championships (Boise, ID) Bruins Place Second

UCLA women's track & field team placed second at the 2003 MPSF Indoor T & F Championships, hosted by Boise State. In the 11-team field, Stanford won the team title with 171 points, followed by UCLA (161.5) and Washington State (68).

The Bruins had five first-place event finishers, led by sophomore Candice Baucham who won both the long and triple jumps.

#### **UCLA Women MPSF Winners**

**200m** - sophomore Monique Henderson won the event, in a time of 23.72 (NCAA provisional).

**800m** - junior Lena Nilsson, the defending NCAA Outdoor 1500m champion, won the event in a time of 2:05.15 (NCAA automatic) and senior Tiffany Burgess was second (2:08.56).

**60m Hurdles** - junior Sheena Johnson won the event (8.29). **U** - Baucham placed first, with a leap of 19-6.25.

TJ - Baucham also won the triple jump, with a winning mark of 42-2.75 (NCAA provisional).